

EPHESUS RESTAURANT

Ephesus Restaurant is pleased to offer you the traditional tastes of Turkish Cuisine which is one of the most famous in the world.

All our ingredients are selected and prepared with great care. 'Ephesus Restaurant' provides simple yet healthy food, in a relaxed atmosphere with excellent service.

*We hope you enjoy your time with us.
Thank you!*



Ephesus was an ancient Greek city, and later a major Roman city, on the west coast of Asia Minor, near present-day Selçuk, Izmir Province, Turkey. It was one of the twelve cities of the Ionian League during the Classical Greek era. In the Roman period, Ephesus had a population of more than 250,000 in the 1st century BC, which also made it one of the largest cities in the Mediterranean world.

The city was famed for the Temple of Artemis (completed around 550 BC), one of the Seven Wonders of the Ancient World.

Emperor Constantine I rebuilt much of the city and erected new public baths. Following the Edict of Thessalonica from emperor Theodosius I, the temple was destroyed in 401 AD by a mob led by St. John Chrysostom. The town was partially destroyed by an earthquake in 614 AD.

FOOD ALLERGIES & INTOLERANCES

**BEFORE PLACING YOUR ORDER PLEASE
INFORM YOUR SERVER IF ANYONE IN
YOUR PARTY HAS A FOOD ALLERGY.**

This restaurant offers products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimise the risk of cross contamination we cannot guarantee that any of our products are safe to consume for people with allergies.

Starters/Mezes

All starters are served with salad and homemade bread.

Cold Starters

- Humus (V)** £5.00
Puree of chickpeas, tahini, lemon, parsley, jalapeno, yoghurt, coriander and garlic.
- Cacik (V)** £5.00
Creamy yoghurt, parsley, cucumber, mint and garlic.
- Vine Leaves (V)** £5.00
Stuffed vine leaves.
- Prawn Cocktail (GF)** £7.50
Prawns served with salad and seafood sauce
- Saksuka (V)** £6.95
Marinated mediterranean vegetables with tomato and garlic sauce with Turkish herbs.
- Spicy Ezme (V)** £5.00
Spicy homemade salsa dip Turkish style.
- Turkish Salad (V) (GF)** £6.95
Fresh tomato, cucumber, onion, parsley, Turkish green peppers, olives and feta cheese.
- Green Beans (V)** £6.95
Fresh green beans with tomato sauce, onion and peppers.

Hot Starters

- Hallumi Cheese (V)** £7.50
Fresh goats cheese grilled and served with homemade bread.
- Calamari** £7.95
Deep fried squid rings with tartar sauce and a lemon salad.
- Falafel (V)** £6.00
Chickpea rissoles served with humus.
- Nachos (V)** £6.00
Tortilla chips with melted cheese, salsa, jalapeno peppers and cacik.
- Cheese Rolls (V)** £6.00
Feta cheese, parsley and spinach with filo pastry
- Muska Boregi** £6.50
Golden filo pastry parcels filled with hot minced lamb and herbs.
- ★ **Chilli King Prawns** £7.95
King prawns with mushroom, onions and chilli peppers.
- Sucuk (Beef Pepperoni)** £6.95
Grilled Turkish beef pepperoni.
- Meatballs** £6.95
Spicy lamb meatballs in a tomato sauce with carrots, potatoes, Turkish herbs and peppers.
- Deep Fried Mozzarella Cheese (V)** £6.95
Served with rocket salad and tomato and basil sauce.

Ephesus Sharing Platters.

All served with salad and homemade bread.

Mixed Cold Meze (2 people sharing) £20.00
(NOT AVAILABLE WITH EPHEBUS 2 COURSE DEAL)
Hummus, cacik, vine leaves, feta cheese, spicy ezme, mixed olives, aubergine salad and saksuka.

Mixed Hot Meze (2 people sharing) £22.00
(NOT AVAILABLE WITH EPHEBUS 2 COURSE DEAL)
Hallumi cheese, cheesy peppers, falafel, cheese roll, sucuk, muska boregi and calamari.

★ **To include these dishes in the Ephesus two course deal add extra £2.50**

Main Course Chargrills / Izgaralar

All main courses served with rice, cacik, spicy ezme and salad.

Ephesus Special - 3 Courses £27.50 per person

NOT AVAILABLE WITH EPHEBUS 2 COURSE DEAL)

Hot or cold meze platter starter, followed by adana skewer, lamb cutlets, lamb skewer and chicken skewer with spicy, with dessert or coffee. (minimum of 2 people)

★ **Lamb On Skewer** £16.95

Marinated lamb pieces threaded onto a skewer and grilled.

Chicken On Skewer £15.50

Tender cubes of chicken breast marinated with Turkish spices and chargrilled.

Lamb Kofte £15.50

Grilled seasoned lamb patties.

★ **Lamb Cutlets** £16.95

Grilled and seasoned.

Adana Skewer £15.50

Minced lamb with herbs, onions, parsley and a little chilli on a skewer, chargrilled.

★ **Special Mixed Grill** £17.95

Adana skewer, lamb cutlets, lamb skewer and chicken skewer.

Lamb Meatballs £15.50

Spicy lamb meat balls in a tomato sauce with Turkish herbs, carrots, potatoes, aubergines and peppers.

★ **Iskender Kebab** £16.95

A very popular Turkish dish. Slices of lamb slice of bread, special butter Iskender sauce with garlic, natural yoghurt, parsley and Turkish herbs.

Chicken Sauté £16.50

Spiced chicken roasted in sauce with herbs, peppers, tomato and Turkish herbs.

Chicken Marmaris £16.95

Chicken breast cooked with mushrooms, onion, grain mustard, garlic, mixed Turkish herbs and double cream sauce, served with fries.

★ **Chicken Bodrum** £17.95

Chicken breast and prawns cooked with a mushroom, grain mustard, garlic and cream sauce served with fries.

★Lamb Guvec **£17.50**

Lamb with aubergines, courgettes, green peppers, tomato, garlic and Turkish herbs.

★Lamb Sauté **£17.50**

Spiced lamb pieces roasted in a sauce with tomato, peppers, mint, spinach and Turkish herbs.

Beef Stifado **£16.00**

Spiced beef pieces roasted with onions, peppers and tomato.

Chicken Anatolia **£16.00**

Pan fried chicken with special tomato sauce, herbs, garlic and fresh spinach.

Lamb Moussaka **£15.50**

Layers of aubergines, courgettes, potatoes and minced lamb, topped with a creamy béchamel cheese sauce.

Vegetarian Kebab (V) **£14.50**

Aubergine, courgette, peppers, onions and mushrooms, cooked on the grill.

Vegetarian Fajita (V) **£14.50**

Marinated mediterranean vegetables and fresh garlic. Served with cacik, salad, mozzarella cheese and tortillas for you to wrap your own.

Chicken Kavurma (Turkish Style Fajitas) **£16.00**

Marinated chicken with onions, mushrooms, mixed fresh peppers and fresh garlic, served with salad, cacik, mozzarella cheese and tortilla.

★Mixed Kavurma (Turkish Style Fajitas) **£17.50**

Marinated chicken and lamb with onions, mushrooms, mixed fresh peppers and fresh garlic, served with salad,

Steak

Steaks are served with salad and chips

Sirloin Steak **£23.50**

(NOT AVAILABLE WITH EPHEBUS 2 COURSE DEAL)

Diane Sauce **£3.00**

Peppercorn Sauce **£3.00**

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Fish Dishes

★ Salmon on Grill **£16.50**

Served with salad and fries.

★ Salmon Istanbul **£16.90**

Salmon cooked with prawns in a mushroom, grain mustard, garlic and cream sauce, served with fries.

Sea Bass **£16.00**

Marinated in black pepper, cumin and oregano. Served with salad and fries.

★ Fish Platter. **£18.95**

Selection of grilled sea bass, salmon and king prawns served with salad and fries.

Homemade Stone Baked Oven Pizzas

(12inch Thin Base)

Plain Garlic Bread **£7.00**

Garlic Bread with Cheese **£8.95**

Garlic Bread with Tomato **£7.90**

Margherita **£10.50**

Spicy Chicken **£13.95**

Chicken, Turkish green peppers, mushrooms, garlic and chilli flakes.

Pepperoni **£13.95**

Beef pepperoni, Turkish green peppers, mozzarella cheese, olives and onion.

Ham **£13.95**

Turkey ham, mozzarella cheese and tomato.

Vegetarian (V) **£13.95**

Seasonal vegetables with hallumi cheese, feta cheese and mozzarella cheese.

Ephesus Special **£13.95**

Spinich, feta cheese and spicy mince.

Calzone Meat Feast **£14.50**

Folded over chicken and minced lamb with mozzarella cheese and tomato sauce.

Pide

Mince Pide **£14.90**

Marinated minced lamb, onions, tomatoes, peppers, parsley and Turkish herbs.

Sucuklu Pide **£14.90**

Sucuklu, free range eggs, cheddar cheese, Feta cheese and mozzarella cheese.

Turkish Makrma (Pasta Dishes)

Penne Bolognese **£13.90**

Beef mince with black pepper, mushrooms, Turkish peppers, cherry tomatoes, basil sauce, Turkish herbs and garlic.

Penne Vegetarian (V) **£13.90**

Fried aubergines, courgettes, mushrooms and home made tomato sauce.

Penne Pasta (Chicken) **£14.50**

Chicken, mushrooms, garlic, onions, red peppers with a choice of cream or tomato sauce.

Childrens Meals (All £7.00 each)

Margarita Pizza Cheese and tomato.

Pepperoni Pizza Cheese and pepperoni.

Chicken Pizza Cheese and marinated chicken.

Lamb Meatballs

Chicken Skewer With chips or rice

Side Orders

Rice **£3.00**

Chips **£3.00**

Salad **£3.00**

Bread **£2.50**

★ **To include these dishes in the Ephesus two course deal add extra £2.50**

